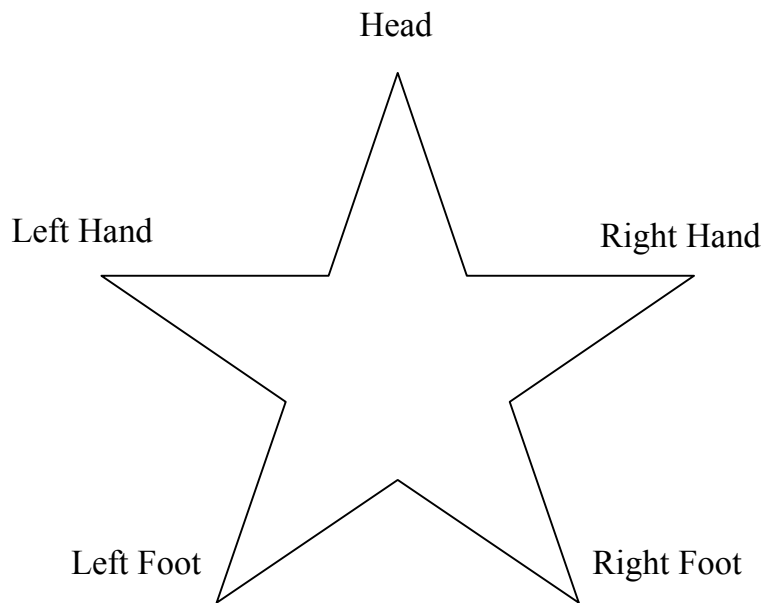


The Tarot Connection – Episode 63:

Tarot Spreads, Threads and Mandalas with Gina Estevez

You're a Star

The human body is the perfect template for so many spreads. In this design, use the star for a five-card reading that provides an image of where you have been and where you are heading.



The card in the Left Foot position represents where you have been, and the ground that you have covered.

The Left Hand card speaks of those things that you have received or been offered. This might include not only tangible things, but lessons or other gifts.

The card at the Head indicates things that are on your mind right now, including the current situation.

The Right Hand card represents those things that you may pay forward and gifts that you have to offer to others. It is also the hand that opens doors, or closes them, to potential futures.

And the Right Foot is where you appear to be going if all else stays the same.

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Look at the flow of the reading. The left side represents those energies from the past that may be lingering, but are waning. The right side describes experiences for which you are preparing.

Ask yourself if you feel balanced between these incoming and outgoing energies. If your head is caught in a tug-of-war, what might you release in order to maintain your balance? Or are you not seeking balance at all? Are you bound or do you feel chained at any specific point in the reading, and how does that relate to obligations within your current situation?

Finally, decide where you shine brightest in this spread and aim that light on the other positions by combining that card in turn with any that feel less than brilliant. And discover how to shine like the star that you truly are.